QUICK STEPS TO A HEALTHIER YOU!

Step 1 Setting up

Set the batteries in your CHIEF weighing scale's Battery Slot

Download 'CHIEF UMCH' app to your mobile device

Step 2 Sign up & Link

Create your CHIEF Login ID and user profile

Link your CHIEF Body Scale to your mobile device

Step 3 Weigh & Sync

Congratulations!

Easier Weight Management for a Healthier YOU!

CHIEF Smart Body Fat User Guide

Step 1 Setting up

• Set the required batteries in your CHIEF weighing scale (location on the back of the weighing scale)

- For quick access, scan the QR Code to download the app
- OR for Android users, download 'CHIEF UMCH' app from Google Play Store to your mobile device
- For iOS users, download 'iWellness' app from App Store to your mobile device



Step 2 Sign up & Link

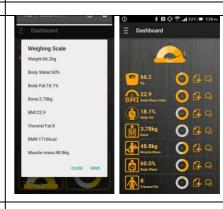
Sign up for your FREE CHIEF Login ID, create your profile and Link your CHIEF weighing scale to your mobile device. For existing users, Login using your email (CHIEF ID)

- Select 'Menu', followed by 'Link Device' at CHIEF app
- Ensure Bluetooth on your mobile device is turned ON
- Step on the weighing scale with bare feet to activate the weighing scale
- Select 'Start Pairing' to Link CHIEF weighing scale to your mobile device



Step 3 Weigh & Sync

- Step on your CHIEF weighing scale with bare feet
- Keep standing on the weighing scale until your weight reading is displayed on your CHIEF app
- Press 'Save' to save data to CHIEF app
- Easier weight management for a Healthier YOU starts NOW!



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CHIFF Smart Activity & Sleen Tracker

CHIEF Smart Activity & Sleep Tracker Video Guide https://youtu.be/XxWbikmczaY

